

ICET-P 12-Week Mindfulness & Personal Growth Course Calendar

Sessions		ICET-P Women Only MONDAYS	ICET-P YA Sundays	ICET-P A Sundays
1	February	7	6	6
2		14	13	13
3		21	20	20
4		26	27	27
5		28	N/A	N/A
6	March	7	6	6
Spring Break		14 No session	13 No session	13 No session
Spring Break		21 No session	20 No session	20 No session
7		28	27	27
8	April	4	3	3
9		11	10	10
10		18	17	17
11		25	24	24
Eid ul Fitr Possible Holiday	May	2	1	1
Session 12		9	8	8